



# IBLCE Office in Australia: Guide to Lactation Courses

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This Guide is provided for the assistance of potential candidates for the **IBLCE** exam who are considering taking a course to prepare for the exam, or to satisfy the prerequisites for it. Doing a course does not make you a lactation consultant. For information about the exam to become an International Board Certified Lactation Consultant, please contact the Regional Administrator:

**IBLCE, PO BOX 1533, OXFENFORD QLD 4210**  
**Phone (07) 5529 8811 Fax (07) 5529 8922**

[RA@iblce.edu.au](mailto:RA@iblce.edu.au)  
[www.iblce.edu.au](http://www.iblce.edu.au)

IBLCE does not itself conduct courses, nor does it endorse or recommend any particular course. This listing is of courses of which IBLCE is aware and is provided as a guide only. Inclusion does not constitute an endorsement of the courses by IBLCE or any other body. Generally, 1 day is equivalent to approx 5-6 hours of breastfeeding education. CERPs are Continuing Education Recognition Points for IBCLCs. 1 CERP = 1 hour.

The information on this sheet was obtained either directly from course providers or from their brochures. No responsibility is taken for omissions, errors or outdated information. Please check directly with course providers for up-to-date information and current costs.

**Course providers who offer courses suitable for inclusion in this list, or who wish corrections to be made: please send the details to IBLCE.**

Courses vary in the degree to which they focus on: practical clinical skills; the physiological and biochemical aspects of human lactation; the establishment of lactation versus the complete duration; the political climate; basic versus advanced skills; and the areas covered on the IBLCE exam blueprint. Not all courses on this list are comprehensive, and some may be at a level more basic than the standard of the IBLCE exam. Before selecting a course, it is your responsibility to ensure that it meets your needs. You are encouraged to talk to others who have previously completed that course.

Various other breastfeeding seminars for health professionals are also organised locally by BFHI State Committees, ABA Branches, ALCA Branches, Colleges of Lactation, hospitals, and local health professionals. If you are considering using Supplementary Pathway G, please contact IBLCE for information about whether the programs you are considering will meet the requirements for this pathway.

**Please note that stand-alone practice exams and subsequent review of answers cannot be counted towards the lactation education hours you require for exam eligibility. However, if a test is integrated into a comprehensive lactation education course, the time set aside for taking the test is not eligible for pre-exam education hours, but the time allocated to reviewing the test answers is eligible for education hours provided it is structured in such a way that it supports the course's overall learning objectives.**

LOCATION	DATES	PROGRAM	ORGANISERS	ENQUIRIES
INTERNET	commence at any time	<b>BreastEd Online Lactation Studies:</b> a comprehensive, tutored, online program in advanced lactation studies for IBCLCs or candidates <b>ILEAC accredited</b> . Comprised of 10 courses; 12 L CERPs each; 120 LCERPs total (eligible for university credit at Masters level).	Health e-Learning	Denise Fisher IBCLC denise@health-e-learning.com <a href="http://www.health-e-learning.com">www.health-e-learning.com</a>
		<b>Introductory Health Series</b> (meets IBLCE's requirements for background education for candidates who are not health professionals) Anatomy and Physiology; Counselling Skills; Child Development; Sociology; Medical Terminology; Nutrition		
		<b>Ethics for Lactation Consultants:</b> a 5-hour tutored, online course provides an understanding of the ethical principles and codes of practice that guide IBCLCs in their day-to-day work with mothers and babies. 5 E CERPs		
DISTANCE EDUCATION	commence at any time	<b>Independent Study Modules</b> Immune Factors in Breastmilk (7 CERPs); Breast Refusal (6 CERPs); Gastro-oesophageal Reflux & the Breastfed Baby (5 CERPs); Nipple pain and Candida (7 CERPs), Drugs & Breastfeeding (9 CERPs) 'Everyday Ethics for Lactation Consultants' (5 E CERPs)	Australian Breastfeeding Association's Lactation Resource Centre	Lactation Resource Centre  Phone (03) 9885 0855 Fax (03) 9885 0866 <a href="mailto:lceducation@breastfeeding.asn.au">lceducation@breastfeeding.asn.au</a>
	any location as arranged	<b>Introduction to Counselling the Breastfeeding Mother</b> – one day seminar  (4L & 1E CERPs –lactation specific)		
DISTANCE EDUCATION	semester based	<b>Lactation: Learning about Infant Feeding</b> (for RNs; other health professionals on individual basis) Module 1: The Science of Infant Feeding; Module 2: Infant Feeding Management (eligible for university credits)	Deakin University School of Nursing Professional Development Unit	Burwood Campus Phone (03) 9251 7777 <a href="mailto:hmnbs-support@deakin.edu.au">hmnbs-support@deakin.edu.au</a> <a href="http://www.hmnbs.deakin.edu.au/nursing/pdu">www.hmnbs.deakin.edu.au/nursing/pdu</a>
DISTANCE EDUCATION and INTERNET	commence at any time	<b>Lactation Course for Health Professionals</b> External Courses a comprehensive program covering 10 modules worth 120 CERPs including 6E CERPs (120Hrs) of set work (aim is to complete the course within 7 months) – eligible for university credits. Can be completed online	Australasian Lactation Courses	Jen Byrne IBCLC <a href="mailto:jen_byrne2000@hotmail.com">jen_byrne2000@hotmail.com</a> Phone (08) 8271 8740  <a href="http://www.austalasianlactationcourses.com">www.austalasianlactationcourses.com</a>

LOCATION	DATES	PROGRAM	ORGANISERS	ENQUIRIES
DISTANCE EDUCATION	commences February each year for 13 weeks	<b>Human Milk, Lactation and Infant Feeding:</b> 162.5 hour equivalent Four modules: Physiology; Nutrition; Biology; Socio-cultural and psychological factors in infant feeding (eligible for university credits)	Massey University School of Health Sciences, NZ	Jane Stojanovic <a href="mailto:J.E.Stojanovic@massey.ac.nz">J.E.Stojanovic@massey.ac.nz</a> Phone +64 6 350 5799 ext 2243 Fax +64 6 350 5668
ACT: Canberra	as arranged	<b>Structured Study Group:</b> preparing for the IBLCE exam (meets throughout the year)	Raelene Garret Maternity Educator	Raelene Garret <a href="mailto:raelene.garret@act.gov.au">raelene.garret@act.gov.au</a> Phone (02)6244 3147 Pager 50241
NSW: Westmead and Napean Hospitals	Feb to July	<b>Advanced Practice: Breastfeeding</b> (Westmead and Napean Hospitals) a combination of self directed learning supported by fortnightly (2 hour) meetings conducted by CMC Postnatal Care (Westmead) and CMC Infant Feeding (Napean) with guest speakers, >100 hours of including self directed learning	Gwen Moody IBCLC	Gwen Moody IBCLC, CMC Postnatal Care, SWAHS Phone (02) 9845 6964 <a href="mailto:gwen_moody@wsahs.nsw.gov.au">gwen_moody@wsahs.nsw.gov.au</a>
	4 days, 4 times per year	<b>Breastfeeding Workshop</b> (only at Westmead) on four consecutive Fridays; focus on clinical experience, conducted by CMC in Postnatal Care and guest speakers		
NSW: Gosford	Jan to July	<b>Central Coast Health Lactation Course</b> numbers limited fortnightly sessions, case analyses, assessments; total 120 hours including set work (eligible for university credits at Masters level)	Marjorie Atchan IBCLC	Marjorie Atchan IBCLC, CNC Lactation, Phone (02) 4320 2686 Fax (02) 4320 2807 <a href="mailto:matchan@nscchahs.health.nsw.gov.au">matchan@nscchahs.health.nsw.gov.au</a>
QLD: Brisbane and elsewhere by arrangement	as arranged	<b>Breastfeeding Workshop</b> 2 days (practical management focus)	Robyn Noble IBCLC and Anne Bovey: Bayside Breastfeeding Clinic	Robyn Noble IBCLC Phone/Fax (07) 3396 9718
	as arranged	<b>Clinical Observers' Workshop</b> ½ - 1 day		
QLD: South Brisbane	Feb – July	Content covers the whole range of lactation issues with set assessment and practice examination totalling 120 hours of focused learning. Please contact Teoni for further information and availability in 2008.	Mater Education Centre, Mater Health Services, South Brisbane	Teoni McHale, IBCLC, Clinical Lecturer in Midwifery <a href="mailto:teoni.mchale@mater.org.au">teoni.mchale@mater.org.au</a> telephone: (07) 3840 1795 Fax: (07) 3840 8344
VIC: Melbourne	March to June	<b>EXAM PREP DAY</b> held June each year Other educational sessions may also be available; please enquire.  (other courses can be arranged by appointment)	ALMA Seminars Maureen Minchin IBCLC minimum registrations apply for courses to proceed	ALMA Seminars, Maureen Minchin IBCLC PO Box 1569, Geelong BMC 3220 Phone/Fax (03) 5221 2021; 0402 242 178 <a href="mailto:mminchin@optusnet.com.au">mminchin@optusnet.com.au</a>
VIC: Melbourne	Every Wed Night April 2 to June 18 7pm –9pm	<b>“ Research - Ethics - Knowledge”</b> , a course covering the <b>IBLCE curriculum. 20-hour course held over 12 weeks</b> for IBCLC education and all those interested in learning about infant feeding. <b>Topics</b> will include: Research, Ethics and WHO Code, Anatomy, Physiology, Nutrition, Immunology and Pharmacology.	Lactation Resource Centre	LRC on (03)9885 0855 or <a href="mailto:lrceducation@breastfeeding.asn.au">lrceducation@breastfeeding.asn.au</a>
TAS and ANY LOCATION	as arranged (will travel)	Will offer courses or workshops, depending on demand	Tasmanian Lactation Consultants	Sue Cox IBCLC Phone (03) 6243 0000; Fax (03) 6243 1555 <a href="mailto:sue_cox@bigpond.net.au">sue_cox@bigpond.net.au</a>
WA: Perth Subiaco	Jan to July	<b>St John of God Health Care Lactation Education Course</b> fortnightly sessions. 56 hours including set work	St John of God Health Care, Subiaco	Shanette Sims IBCLC, Phone (08) 9382 6292 Fax (08)93826067 <a href="mailto:shanette.sims@sjog.org.au">shanette.sims@sjog.org.au</a>
WA and ANY LOCATION	materials to conduct local program	<b>Lactation Advisers Program</b> package can be bought to conduct program locally, facilitated by an IBCLC; 60 hours including set work/readings	School of Nursing and Mid, Curtin University of Technology	Jill Downie Phone (08) 9266 2062/(08) 9266 7466