



IBLCE Australia: Guide to Lactation Courses

For 2011

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IBLCE does not itself conduct courses, nor does it endorse or recommend any particular course. This list is of courses of which IBLCE is aware and is provided as a guide only. Inclusion does not constitute an endorsement of the courses by IBLCE or any other body. The information on this sheet was obtained either directly from course providers or from their brochures. No responsibility is taken for omissions, errors or outdated information. Please check directly with course providers for up-to-date information and current costs. Courses vary in the degree to which they focus on practical clinical skills, and the areas covered on the IBLCE exam blueprint. Not all courses on this list are comprehensive, and some may be at a level more basic than the standard of the IBLCE exam. Before selecting a course, it is your responsibility to ensure that it meets your needs. You are encouraged to talk to others who have previously completed that course.

LOCATION	PROGRAM	ENQUIRIES
Distance Education and Online	Independent Study Modules Immune Factors in Breastmilk (7L CERPs); Breast Refusal (6L CERPs); Gastro-oesophageal Reflux & the Breastfed Baby (5L CERPs); Nipple pain and Candida (7L CERPs), Drugs & Breastfeeding (9L CERPs) 'Everyday Ethics for Lactation Consultants' (5E CERPs); Basic Structure and Function of the Breast (2L CERPs) available online via www.motherdirect.com.au. Commence at any time	Australian Breastfeeding Association's Lactation Resource Centre
Sydney, Perth, Adelaide, Brisbane, Melbourne, Canberra	Counselling Workshop 1 – one day workshop. Refresh or learn new skills in counselling and communication. The aim of the workshop is to assist you as a health professional in developing your interactions around breastfeeding with mothers and their families. (4.25L & 1E CERPs – lactation specific) March 2011	Lactation Resource Centre www.lrc.asn.au
Sydney, Brisbane, Melbourne, Perth, Hobart, Adelaide	Counselling Workshop 2. Enables those who have already completed the 'Counselling Workshop 1' to further develop their counselling skills. (4L & 1E CERPs) March 2011	Phone (03) 9885 0855 Fax (03) 9885 0866 lrceducation@breastfeeding.asn.au
VIC: Melbourne QLD: Brisbane	Research Ethics Knowledge Part 1 (June) Part 2 (Aug/Sep) Part 3 (Oct)- For IBCLC education and all those interested in learning about infant feeding. 24 hour update course covering anatomy/physiology & nipple pain; counselling & ethics; immunology & research; WHO Code; pharmacology; allergies; solids; health consequences; milk supply and exam technique & preparation. June, Aug/Sep & Oct 2011 to be confirmed	For more information on our 2011 nationwide HP Seminar Series please visit www.lrc.asn.au
Distance Education	Lactation Course for Health Professionals External Courses a comprehensive program covering 10 modules worth 120 CERPs including 6E CERPs (120Hrs) of set work (aim is to complete the course within 7 months) – eligible for university credits. Can be completed online. Commence at any time	Australasian Lactation Courses Jen Byrne IBCLC jen_byrne2000@hotmail.com Phone (08) 8271 8740 www.austalasianlactationcourses.com
Tasmania and any location	1 or 2 day seminars or workshops. Program based on the needs of the organisers or institution eg. BFHI preparation; hospital registrants; hospital and community registrants; community registrants. Subject matters range from antenatal education through the first hours, days and weeks and infant maternal difficulties. Start date as arranged (will travel)	Tasmanian Lactation Consultants Sue Cox IBCLC Phone (03) 6243 0000; Fax (03) 6243 1555 sue_cox@bigpond.net.au
WA: Murdoch	Murdoch University School of Nursing and Midwifery Breastfeeding and Lactation Short Courses. Prepare for the IBLCE Exam and further your education to support mothers and babies. Courses are available in Semester 1 and Semester 2 as three and four week modules. From February to October 2011	Murdoch University School of Nursing and Midwifery Cathy Fetherston or Christina Gray Ph: 08 9582 5504 C.Fetherston@murdoch.edu.au or C.Gray@murdoch.edu.au www.murdoch.edu.au/School-of-Nursing-and-Midwifery
VIC: Melbourne	For more information please contact Maureen Minchin	ALMA Seminars, Maureen Minchin IBCLC PO Box 1569, Geelong BMC 3220 Ph: 0402 242 178
Distance Education	Lactation and Infant Feeding (for RNs; other health professionals on individual basis) Learning Package 1: The Science of Infant Feeding; Learning Package 2: Infant Feeding Management (eligible for university credits and for continuing education with Royal College of Nursing Australia). Trimester based	Deakin University School of Nursing & Midwifery, Prof. Development Unit, Burwood Campus Phone (03) 92517776 or email hmnbs-support@deakin.edu.au www.hmnbs.deakin.edu.au/nursing/pdu

LOCATION	PROGRAM	ENQUIRIES
<p>Online Commence at any time (enroll and pay online and begin immediately)</p>	<p>BreastEd Online Lactation Studies: Great for exam candidates! A comprehensive, tutored, self paced online program in advanced lactation studies for IBCLCs or exam candidates All the education you need to prepare for the exam.</p> <ul style="list-style-type: none"> • AARC Approved • Comprised of 10 courses; 12L CERPs each; 120L CERPs total; 120 hours • Eligible for university credit at Master level and CPDs for Nurses/Midwives 	<p>Health-eLearning</p> <p>Denise Fisher IBCLC (Director) admin@health-e-learning.com www.health-e-learning.com Landline: (07) 3861 4957 Mobile: 0427 853 368</p> <p>Visit our website for more information on our Lactation Preparation Course. Perfect to prepare for exam day!!!</p>
	<p>Background Health Education: 4 hour short courses providing background education for non-health professionals as recommended prerequisites to sitting the IBLCE exam. Anatomy & Physiology; Counseling Skills; Child Development; Sociology; Medical Terminology; Nutrition. 2011 Exam candidates only</p>	
	<p>Ethics for Lactation Consultants: tutored, self paced online course provides an understanding of the ethical principles and codes of practice that guide IBCLC's in their day to day work. 5E CERPs / 5hours</p>	
	<p>Breastfeeding Foundations: a 20 hour tutored, self paced course covering many aspects of breastfeeding education in condensed form.</p> <ul style="list-style-type: none"> • 20L CERPs; 20 hours; 20 CPDs • Is used by many hospitals to meet their BFHI staff education requirements 	
	<p>Advanced Practice for Lactation Consultants: this series of courses examines clinical issues for the advanced practitioner. New courses being developed– check website for new topics:</p> <ul style="list-style-type: none"> • AP01: Breastfeeding the Baby with a Cleft Lip and/or Palate–3.5L & 0.75R CERPs • AP03: Critical Appraisal of Research– 4R CERPs 	
	<p>Experts-in-Lactation Lectures: 1 hour audio-visual presentations on a range of lactation topics by Lactation Professionals from around the world. Between 1–1.25 CERPs (L and E CERPs are available)</p>	
<p>Distance Education</p>	<p>Human Milk, Lactation and Infant Feeding: 162.5 hour equivalent Four modules: Physiology; Nutrition; Biology; Socio-cultural and psychological factors in infant feeding (eligible for university credits). Commences Feb. each year for 13 weeks</p>	<p>Massey University School of Health Sciences NZ Jane Stojanovic J.E.Stojanovic@massey.ac.nz Phone +64 6 350 5799 Fax +64 6 350 5668</p>
<p>ACT: Canberra</p>	<p>Structured Study Group: Preparing for the IBLCE exam (meets throughout the year). Start date as arranged</p>	<p>Raelene Garrett-Rumba IBCLC raelene.garret@act.gov.au Ph: (02) 6244 3147</p>
<p>NSW: Westmead, Blacktown and Nepean Hospitals</p>	<p>Advanced Practice Breastfeeding: Course Site Westmead Hospital (other site if sufficient numbers- Blacktown or Nepean Hospital) . A combination of self directed learning supported by fortnightly (2 hour) meetings coordinated by CMC Postnatal Services (Westmead) and CMC Infant Feeding (Nepean and Blacktown) with guest speakers, 110 hours including self directed learning. February to July</p>	<p>Gwen Moody IBCLC CMC Postnatal Services, SWAHS Phone (02) 9845 6964 gwen_moody@wsahs.nsw.gov.au</p>
	<p>Breastfeeding Workshop (Westmead Hospital). Focus on clinical experience, coordinated by CMC in Postnatal Services (Westmead) Three consecutive Tuesdays over 6 weeks (Feb, June, Nov)</p>	
<p>NSW: Gosford</p>	<p>Northern Sydney Central Coast Health Lactation Course small group, preference to AHS staff. Fortnightly sessions with revision component, guest speakers, assessment tasks and final exam. Coordinated by CMC Lactation. CERPs recertification program also available. June to December</p>	<p>Marjorie Atchan IBCLC, CNC Lactation Phone (02) 4320 2686 Mob: 04 2200 5298 matchan@nscchahs.health.nsw.gov.au</p>
<p>Australia & Overseas</p>	<p>Lactation Consultant Examination Preparation Course: A combination of face-to-face sessions and self directed learning in the disciplines of the IBLCE exam blueprint-120hrs. March 2011 or as arranged (will travel)</p>	<p>Bridget Roache Face-to-Face Professional Lactation & Child Birth Education Bridget@face-to-face.com.au www.face-to-face.com.au Mobile: +64 419 955 664 Ph: +64 7 3300 1246</p>
	<p>Ethics for LC's: 5 hour update in ethical practice for LC's. February 2011 or as arranged (will travel)</p>	
	<p>Counselling Skills: An interactive workshop designed to equip IBCLCs with skills to effectively counsel mothers: practice counselling skills, demonstrate different counselling skills for individual situations and assess effectiveness of counselling techniques. 5hrs. March, May 2011 or as arranged (will travel)</p>	